

# Soul Journeys with the Dying

## About the author

**P**addy Pender is from Stoneybatter, Dublin. She studied Mathematics and Mathematical Physics at University College, Dublin, and worked for many years as a computer consultant. When her eyesight began to deteriorate Paddy had to rethink her entire life and way of being in the world. She now runs a health food store and has trained as an Anam Chara (soul friend) with Anamcharadas. Through this training she companions friends who are seriously ill and dying and she also works with the homeless. Paddy has had her writings published in *Spirituality* magazine, *Word on the Street* (2005) and *Small Stories Matter* (2007).

## About the book

**S**oul Journeys with the Dying details Paddy Pender's journey from one way of living in the world into another, more meaningful, way of being. Her life transformation arises from her experience with people who are on the margins of society - the ill, the homeless, the dying. Through her new work, Paddy gains a deep understanding of the changes in her own life, including her failing eyesight and being compelled to give up her cherished career.

Paddy befriends those about to leave this world and learns how to let go of what she has long held dear as she watches her friends and companions letting go of their earthly lives. Very often the lessons are not obvious, but their meaning unfolds as Paddy grows in her own awareness, acknowledging and accepting that all is accomplished in the presence of a greater power.

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